

<u>Week 2</u>	<u>Snack</u>	<u>Lunch</u>	<u>Snack</u>	<u>Dinner</u>
<u>Monday</u>	Grapes Carrots	Cod fishcakes, new potatoes and sweetcorn (6-5-7-9-2-1-14) Fresh fruit platter	Red peppers) pineapple	Pork and apple meatballs with cous cous and peas (1-2-4-) Fruit jelly .
<u>Tuesday</u>	Melon Cucumber (14) Rice cakes	Beef lasagne with salad and garlic bread.(2-6-7-9- Berry, yoghurt, and muesli topped sundae.(2-7-)	Celery (14-1) Cream cheese (7)	Sandwiches selection with vegetable sticks(2-4-5-7-9-1-14) (1-2-4-) Lemon cupcakes (2-4-7-)
<u>Wednesday</u>	Bananas Raisins (14)	Chicken pie served with green beans (1-2-6-7-9-) Honey baked peaches, with natural yoghurt. (7-)	Apple Tomato (14)	Jacket potato, with tuna, grated cheese and sweetcorn.(9-7-1-14-6-2-) Fruit skewers with yogurt dip (7)
<u>Thursday</u>	Vegetable sticks (1-14) Pastry people (2-4-6-7-)	Roast chicken, roast potatoes, parsnip and broccoli (1-2-14-2) fruit Fromage frais (7)	Apricot (14) melon	Cheese on toast with salad Jam sponge pudding and custard (2-7-4-6)
<u>Friday</u>	Blueberries Breadsticks (2-4-6-7-12)	Sausages with potato wedges and vegetables (1-2-4-6-9-) Fruit smoothie ice pops.	Ritz crackers pineapple	Sandwich selection with salad (2-4-6-7-9-1-1 banana

